



FIND YOUR
CENTER
OF PORTUGAL

Far from the Crowds! Pos Tour BTL 2019

March, 15th | Friday

Check-out – Departure from Lisbon to Centre of Portugal's Destination

1H00 – Driving

Departure to Caldas da Rainha Town

Let's go to the traditional market and discover this traditional town

Lunch – Casa Antero – A typical Portuguese Tavern

15H00 – Departure to Serra de Aires e Candeeiros

Picture one of Portugal's most beautiful valleys at the heart of the Natural Park of Aire and Candeeiros Mountain, where you can breathe the deep rural environment of the village of Alvados with its scattered houses, its dry-stone walls and oak forests, as far as the eye can reach, embraced by living olive tree forests and ancient traditions.

In autumn, you will see here the Golden eagle flying around, pick delicious mushrooms and listen to the song of the Eurasian eagle-owl. In spring time, you must be careful not to fall over rare orchids or the magnificent roses, as you walk out of Cooking and Nature – Emotional Hotel.

16H00 – Arrival at Cooking Hotel****

12 Rooms

Against a backdrop of mountains enfolding an enchanted valley nestles this truly special hotel.

Walking activity in the Natural Park Serra de Aires e Candeeiros

Back to the hotel rest time and getting ready for the cooking lesson followed by dinner

March, 16th | Saturday

09H30 – Check-out – Departure to Tomar

10H30 - Visit the Convent of Christ World Unesco Heritage

The Convent of Christ In 1983, UNESCO awarded the classification of world heritage to the Templar Castle and the Convent of the Knights of Christ in Tomar, a unique monument in the history of the western world. Built on a site that was originally used for Roman worship, this vast monumental complex illustrates seven centuries of Portugal's history and contains several important mementoes of decisive moments in the history of the western world.

The Order of the Temple was disbanded in 1314 however, at the wishes of the Portuguese king D. Dinis, the members of the order, its property and privileges were all totally integrated into a new order – the Militia of the Knights of Christ in 1319.

Tomar Walking visit

Picture a bridge and a peaceful river running underneath. Picture a charming romantic city, as if it were painted by the gifted hands of Cézanne. Picture a magnificent convent with eight cloisters. Picture a place where the presence of the Knights Templar can still be utterly felt. No, this is not the plot of Dan Brown's *The Da Vinci Code*.

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This is Tomar, hidden gem of Portugal that every 4 years proudly bursts with flowers for the whole world to see during the famous Tray Festival – “Festival dos Tabuleiros”. The whole city is deeply engaged in this event, leading the expression “team work” to a whole new level! But it is totally worth the passion. Art does imitate life.

Visit the Synagogue of Tomar

A very rare example of a medieval Jewish temple and of pre- Renaissance Portuguese art, the Tomar Synagogue is the only one of its kind from this period to have been fully preserved in Portugal. It was built in the mid-15th century specifically for religious purposes, evidence of the financial resources of the resident Jewish community and its power and prosperity. The simple, Eastern-influenced architecture of the building, (which has an almost square ground plan, groined vaults supported by four columns, capitals decorated with geometric and plant motifs and twelve corbels jutting out from the walls), is filled with symbolic references. The corbels represent the Twelve Tribes of Israel and the columns the four Matriarchs of Israel – Sarah, the wife of Abraham, her niece Rebecca, the wife of Isaac, and Leah and Rachael, sisters and the daughters of Laban. The capitals reflect the family relationship between the Matriarchs – two identical ones for the two sisters and different ones for the aunt and niece.

At the end of the morning, Departure to the Enchanted Castle of Almourol, but in the way, comfort stop to lunch at the unexpected Flor de Sal restaurant.

Visit the Almourol Castle

Take a small boat to the Amourol Castle

The Castle of Almourol is one of the Portugal’s most beautiful castle! Situated on a small cliffy island in the middle of the Tagus River, Almourol Castle is one of the most significant military Medieval monuments, which best evokes the memory of the Knights Templar in Portugal.

15H00 - Departure to Abrantes

16H30 - Arrival at Abrantes

Far from the crowds, Abrantes is a glorious City, most probably because Tagus River sleeps at its feet every day. Seen from the castle of Abrantes, the Tagus is really magnificent and the historical centre of the city is full of unique details: from Portuguese tiles to street art. Every corner of the city is a delicious box full of surprises waiting for a movie camera.

Check-in - Luna Hotel Turismo****

Located in the Ribatejo, land of green olive groves and vineyards with breathtaking landscapes, you will find Luna Hotel Turismo - an elegantly decorated refuge.

You can easily discover the charm of the city on foot from the hotel. Visit the gardens, the Castle of Abrantes, as well as the city's picturesque streets and squares.

44 rooms // 81 beds

Time to visit the Hotel and rest

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Dinner in town: Restaurant Santa Isabel

This restaurant is located at the heart of the historical centre of Abrantes in one of its most popular streets. It is a typical house with 3 rustic rooms and a familiar-like ambiance.

March, 17th | Sunday

09H30 – Check-out – Lets start the day with good wine

Departure to Quinta do Sanguinhal – WineTourism

11H00 – Arrival at Quinta do Sanguinhal a very traditional Wine Estate – The company produces wine since the beginning of the 20th century. Growing interest in wine related tourism led to the creation of tourist visits, sharing a little of this ancient know-how and providing at the same time a pleasant visit in a unique environment.

Pereira de Fonseca Family personally invites and welcomes you at Quinta do Sanguinhal. On your visit, you will travel through 100 years of Portuguese wine making. An enjoyable alternative to the usual circuits.

Visit followed by Lunch

14H30 – Departure to Lisbon

15H30 – Arrival at Lisbon

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Useful Information Accommodation

Cooking and Nature – Emotional Hotel ****

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Luna Hotel Turismo****

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E-mail: hotelturismo@lunahoteis.com
www.lunahoteis.com/pt/luna-abrantes/o-hotel.html
GPS: 39°27'44.6" N // 8°12'15.4" W

Restaurants

Casa Antero

R. Alexandre Herculano 6
2500-123 Caldas da Rainha
Ph: +351 262 835 089

Restaurante Flor de Sal

R. Adelaide Cabete 21,
2330-116 Entroncamento
Phn: + 351 911 757 477
e-mail: oficina.casa@sapo.pt

Santa Isabel Restaurant

Rua Santa Isabel 12, 2200-393 Abrantes
Phn : [+351 241 366 230](tel:+351241366230)
E-mail : restaurante.santaisabel@gmail.com

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Visits

Convento de Cristo – Tomar UNESCO World Heritage

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Almourol Castle

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