



FIND YOUR
CENTER OF PORTUGAL

This press trip is a courtesy of Center of Portugal Tourism Board and it includes: accommodation in a single room; all meals and activities mentioned in the given itinerary that will take place from March 03rd to 05th in Center of Portugal

About us

Center of Portugal

Between the two main airports in Portugal, you will find an impressive scenery and a millenary history that left notable marks on the landscape.

Unique brands in Portugal: Historical Villages, Border Castles, Schist Villages, Mountain Villages! Plenty of welcoming small towns. They have this unique flair of cosiness and human connection.

It's all about discovering these amazing places and their rich historical heritage, mouth-watering gastronomy, dazzling natural spots and big-hearted people.

Hospitality and tradition. A destination brimming with creativity and passion, soul and authenticity.

Togetherness

In March 2021, we have launched the Togetherness portal. Dedicated to the news, ideas and inspiring projects in the Center of Portugal.

We want to mark 2022 as a new beginning. Updated every 2 weeks, it brings to you the latest news in 5 different languages with eyes on the future.

<https://togetherness.centerofportugal.com/>

Be inspired. www.centerofportugal.com

#portugal

#centerofportugal

#caldasdarainha

#fozdoarelio

#peniche

#mosteirodealcobaca

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03rd March

Departure to Center of Portugal

Everyone knows that we, the Portuguese, care about the big issues of Mankind, that we are led by epic causes and that our national obsession is... knowing in advance what's for lunch/dinner!

We are pretty aware too that every city, every village, every single landscape looks so much better when bathed in sunlight. The almighty sun that blesses almost every year-round. And the same with those mouth-watering flavours and specialities that define a cultural identity, its people and a whole country. Delicacies worth flying for.

And in this program, we also show, how we like small and very personalized hotels.

All love stories.

Departure to Caldas da Rainha and to Sana Silver Coast Hotel

Located in the historical center of Caldas da Rainha, within walking distance of the city park and shopping area.

A majestic neoclassic building, completely renovated with a simple, yet styling design

Check-in

Caldas da Rainha

The absolutely unique charm of a city influenced by the genius of Bordallo Pinheiro where ceramic factories shape its landscape

Guided walking visit

Let's go to the market !

This morning we will visit the traditional fruit & vegetable market of Caldas da Rainha that takes place every day in the city centre. Here you can find the most delicious freshest regional products. In fact, this region is famous for its quality fruits, namely the pear ("pêra rocha) being the indisputable queen! A true show of colourfulness!

A stop at the 19 Tile Ceramic Concept Hotel

Housed in a 19th century manor house, in the welcoming town of Caldas da Rainha, owner of a unique ceramics legacy, dominated by the genius of Bordallo Pinheiro, 19Tile | Boutique House was renewed and decorated by 11 local ceramists. This outstanding accommodation organises visits to the house, as well as ceramics workshops.

Benefiting from a great location at the centre of Caldas da Rainha, near the daily fruit and veggie market, 19Tile | Boutique House has 11 rooms. Each one was decorated in a special way, by employing more than 1 hundred ceramic pieces of this welcoming house.

"19Tile tells the story of a traveller who wanted to create a place where he could receive other travellers." 11 rooms, 11 ceramists, 11 travels. Many stories to tell at the heart of the charming and colourful town of Caldas da Rainha.

Lunch Time

Departure to Foz do Arelho and Óbidos Lagoon

Has its roots in a small fishing community that lived from the wealth provided by Óbidos Lagoon. The Palace Conde de Almeida Araújo with its eclectic style combining Mannerism and art déco features was built in 1904, still dominates the landscape in the present day.

This building is a testimony of the evolution of Foz do Arelho. 19th century bourgeoisie fell in love with this small spot located between the sea and Óbidos Lagoon.

Nowadays Foz do Arelho wooden paths with a length of approximately 800m, designed by Nadia Schilling, provide the most outstanding panoramic view over the cliffs and the Atlantic Ocean.

Óbidos Lagoon

A coastal lagoon that covers an area of 2600 ha, which is 5 km long and 1 km wide, located between Cape Carvoeiro and São Martinho do Porto.

As any other coastal lagoon, Óbidos Lagoon is an environmental system in permanent evolution.

Historically, Óbidos Lagoon has played a major role for the development of nearby communities. The population around Óbidos Lagoon has always been dedicated to hunting, fishing, collecting slime, gathering bivalves and crustaceans and agriculture. This zone has always been extremely rich in terms of fishing.

The main fishing communities are located in Nadadouro, Vau, Bom Sucesso and Foz do Arelho.

Dinner at Távola Lagoa Restaurant

Maritime and with a unique landscape

04th March

Departure to Peniche

Since ancient times Peniche lived intimately linked to the sea. Initially it was an island but then with the wind and tidal current become a peninsula. Its strategic location, the richness of their land and its coast was where occupied by several civilizations since prehistoric times, more precisely at the Middle Palaeolithic. With the Roman occupation the economy of the population was mainly based on agriculture and fishing, stating the importance at the time of the canning industry, an activity that continues today.

Peniche is known as the surf capital of Europe, drawing hundreds of thousands of pro and amateur surfers to its shores every year. But while the waves are incredible, there's more to the town than surf. The seafood is incredible, the museums are charming, and the scenery is magnificent.

The working port with its authentic vibes make it all more appealing.

Bairro do Visconde

Situated right in front of the Fort of Peniche, from where the communist leader escaped in 1960, the fishermen's quarter Bairro do Visconde rises upon the cliffs. The Fort of Peniche was built under the ruling of D. João III from 1557 to 1645 and its one of the historical landmarks of the defence of the city.

These were modest wooden houses built upon the rocks, as in the whole Atlantic coastline. Brickwork only started in 1945.

However, the origins of Bairro do Visconde are deeply related to the preserved food industry that began during World War I through the initiative of Emílio José Ló Ferreira, Commander of

the Order of Christ and Viscount of Trevões, who returned from Brazil in 1909 with the capital and the strategic vision to change the course of History in Peniche.
The fishermen's quarter Bairro do Visconde is a deeply popular quarter and also an extraordinary social and political testimony with the best location in town. Historical ironies.

Fighting for freedom

National Museum of Resistance and Freedom

One of the greatest icons of Peniche is without any doubt the Fort of Peniche, dramatically set in the landscape. The fort was turned into a political prison in the period of the Estado Novo or "New State" (1933-1974), was the scene of one of the most extraordinary escapes of the twentieth century in Portugal. In 1960 a group of political prisoners escaped from it, among them Álvaro Cunhal, the communist leader.

Nowadays, the Fort of Peniche houses the National Museum of Resistance and Freedom, recognising Peniche as a place of memory and a symbol of the national struggle for freedom. (TBC)

Lunch – Xakra Beach Bar Restaurant

The perfect opportunity to indulge in some of the Peniche's most famous fishy dishes.

16H00 -Departure to Alcobaça

Alcobaça lies in the valleys of the Rivers Alcoa and Baça, which according to some authors is the origin of its name. It has also been suggested that it was the Arabic name of the place which was split to name the two rivers.

Check In Montebelo Mosteiro de Alcobaça – Historic Hotel ***** (TBC)

Montebelo Mosteiro de Alcobaça Historic Hotel is the newest 5-star hotel of Montebelo Hotels & Resorts group.

Placed in a unique setting, with the signature of Pritzker award-winning Portuguese architect Souto de Moura, this hotel has a unique and distinguish flair, where history, culture, art and modernity mingle.

#91 rooms

Dinner at O Castigo Restaurant

The King of Meats

A traditional and very friendly atmosphere, located 3 kilometers far from Alcobaça.

Micael Pedras offers meat from his own breeding in his restaurant, such as pigs of indigenous breeds, particularly the Alcobaça spotted pork, and the black pork.

He also works in partnership with local producers so that the meat is of excellence

05th March

Departure to Lisbon

Fam trip @ Center of Portugal
03rd till 05th March 2023

Useful Information

Accommodation

Sana Silver Coast Hotel****

Avenida Dom Manuel Figueira Freire da Câmara
2500-184 Caldas da Rainha
Ph.: +351 262 000 600
E-mail: sanasilvercoast@sanahotels.com
<https://silvercoast.sanahotels.com/>

Montebelo Mosteiro de Alcobaça Historic Hotel *****

Rua Silvério Raposo
2 460 - 075 Alcobaça
Ph.: +351 232 420 000
E-mail: comercial@montebelohotels.com
<https://montebelohotels.com/>

Restaurants

Restaurante Távola Lagoa

Rua Francisco Almeida Grandela 8,
2500-998 Foz do Arelho
Phn: + 351 262 978 251

Xakra Beach Bar Restaurant

Praia do Molhe Leste,
2520-000 Peniche
Ph.: + 351 965 172 166

Restaurante O Castigo

Casal do Pereiro
By Estrada Eng. Vieira Natividade
2460-477 Évora de Alcobaça
Ph.: + 351 967 989 505
restauranteocastigo@hotmail.com

Museums and Monasteries

Museu Nacional Resistência e Liberdade

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Fam trip @ Center of Portugal
03rd till 05th March 2023



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