



FIND YOUR
CENTER OF PORTUGAL

This post tour is a courtesy of Center of Portugal Tourism Board and includes: transportation, accommodation in a single room; all meals and activities mentioned in the given itinerary that will take place from March 01st to 03rd in Center of Portugal

About us

Center of Portugal

Between the two main airports in Portugal, you will find an impressive scenery and a millenary history that left notable marks on the landscape.

Unique brands in Portugal: Historical Villages, Border Castles, Schist Villages, Mountain Villages! Plenty of welcoming small towns. They have this unique flair of cosiness and human connection. It's all about discovering these amazing places and their rich historical heritage, mouth-watering gastronomy, dazzling natural spots and big-hearted people. Hospitality and tradition. A destination brimming with creativity and passion, soul and authenticity.

Togetherness

In March 2021, we have launched the Togetherness portal. Dedicated to the news, ideas and inspiring projects in the Center of Portugal.

Updated every 2 weeks, it brings to you the latest news in 5 different languages with eyes on the future.

<https://togetherness.centerofportugal.com/>

Be inspired. www.centerofportugal.com

#portugal

#centerofportugal

#caldasdarainha

#fozdoarelho

#peniche

#mosteirodealcobaca

Twitter: www.twitter.com/aboutcentro

Instagram: www.instagram.com/centerofportugal

Facebook: www.facebook.com/centerofportugal

01st March | Friday

08H30 – Pick-up at Myriad Hotel, Praça Sony, Parque das Nações

Meet with Helena Cipriano

Contact: + 351 924 385 832

Departure to Center of Portugal

Everyone knows that we, the Portuguese, care about the big issues of Mankind, that we are led by epic causes and that our national obsession is... knowing in advance what's for lunch/dinner!

We are pretty aware too that every city, every village, every single landscape looks so much better when bathed in sunlight. The almighty sun that blesses almost every year-round. And the same with those mouth-watering flavours and specialities that define a cultural identity, its people and a whole country. Delicacies worth flying for.

And in this program, we also show, how we like small and very personalized hotels.

All love stories.

Departure to Caldas da Rainha

Located in the historical center of Caldas da Rainha, within walking distance of the city park and shopping area.

A majestic neoclassic building, completely renovated with a simple, yet styling design

Caldas da Rainha

The absolutely unique charm of a city influenced by the genius of Bordallo Pinheiro where ceramic factories shape its landscape

Guided walking visit

Let's go to the market !

This morning we will visit the traditional fruit & vegetable market of Caldas da Rainha that takes place every day in the city centre. Here you can find the most delicious freshest regional products. In fact, this region is famous for its quality fruits, namely the pear ("pêra rocha) being the indisputable queen! A true show of colourfulness!

A stop at the 19 Tile Ceramic Concept Hotel

Housed in a 19th century manor house, in the welcoming town of Caldas da Rainha, owner of a unique ceramics legacy, dominated by the genius of Bordallo Pinheiro, 19Tile | Boutique House was renewed and decorated by 11 local ceramists. This outstanding accommodation organises visits to the house, as well as ceramics workshops.

Benefiting from a great location at the centre of Caldas da Rainha, near the daily fruit and veggie market, 19Tile | Boutique House has 11 rooms. Each one was decorated in a special way, by employing more than 1 hundred ceramic pieces of this welcoming house.

"19Tile tells the story of a traveller who wanted to create a place where he could receive other travellers." 11 rooms, 11 ceramists, 11 travels. Many stories to tell at the heart of the charming and colourful town of Caldas da Rainha.

Lunch Time

Casa Antero

A typical Portuguese tavern located at the heart of Caldas da Rainha

15H00-Departure to Praia D'El Rey Marriott Golf & Beach Resort

Check-in and rest

The Praia D'El Rey Marriott Golf & Beach Resort is a fully renovated 5-star luxury resort hotel, only 50 minutes' drive north of Lisbon.

All the rooms have private terraces or balconies offering unique views of either the Atlantic Ocean or the beautiful 18 holes championship golf course and gardens.

16H45 - Departure to Óbidos

Just 25 minutes from Praya D'El Rey, you'll find Óbidos, a tiny town one of Portugal's most beautiful destinations.

A romantic village that is a book lover's dream.

Once a medieval fortress surrounded by a 12th century wall, Óbidos invites you to wander and explore the cheerful medieval ambience of winding streets and old whitewashed houses where the sunset takes a golden colouring.

Óbidos hosts numerous festivals throughout the year that are open to all, including the Chocolate Festival in spring, the Medieval Fair in summer, the Literary Festival in fall, and the Christmas Village in winter.

Óbidos Walking Tour

18H30-Departure to Foz do Arelho and Óbidos Lagoon

Has its roots in a small fishing community that lived from the wealth provided by Óbidos Lagoon. The Palace Conde de Almeida Araújo with its eclectic style combining Mannerism and art déco features was built in 1904, still dominates the landscape in the present day.

This building is a testimony of the evolution of Foz do Arelho. 19th century bourgeoisie fell in love with this small spot located between the sea and Óbidos Lagoon.

Nowadays Foz do Arelho wooden paths with a length of approximately 800m, designed by Nadia Schilling, provide the most outstanding panoramic view over the cliffs and the Atlantic Ocean.

Óbidos Lagoon

A coastal lagoon that covers an area of 2600 ha, which is 5 km long and 1 km wide, located between Cape Carvoeiro and São Martinho do Porto.

As any other coastal lagoon, Óbidos Lagoon is an environmental system in permanent evolution.

Historically, Óbidos Lagoon has played a major role for the development of nearby communities. The population around Óbidos Lagoon has always been dedicated to hunting, fishing, collecting slime, gathering bivalves and crustaceans and agriculture. This zone has always been extremely rich in terms of fishing.

The main fishing communities are located in Nadadouro, Vau, Bom Sucesso and Foz do Arelho.

Dinner at Távola Lagoa Restaurant

Maritime and with a unique landscape

Return to Praia D'El Rey Marriott Golf & Beach Resort

02nd March | Saturday

09h00 – Check Out and Departure to Nazaré via S.Martinho do Porto

São Martinho do Porto

"There are some places where we never come back from, where we only can remain". These were the heart-felt words of Portuguese King D. Carlos on the dazzling beauty of São Martinho do Porto beach. According to King D. Carlos - the last King of Portugal, who ruled from 1863 to 1908 - this beach stood out as one of the most stunning places in the whole world.

São Martinho do Porto was one of the sea ports of Alcobaça, donated by Portugal's 1st King D. Afonso Henriques to the Cistercian Order in 1153. Fishing, ship building and repair were at the core of the identity of this charming town that grew in turn of its inspiring bay.

However, it was not until the end of the 19th century and the beginning of the 20th century that São Martinho do Porto became the glamorous resort of Portuguese aristocrats. In fact, the manor houses of the noblemen were strategically placed in the main avenue of São Martinho do Porto, the seashell-shaped bay. This beach was funny described as "the bidet of the marquises". There are some appealing 19th and 20th century art nouveau buildings that stand out as the cosmopolitan flair, typical of a belle-époque beach resort.

10h00 - Visit Storytellers Palace

In a building built between 1917 and 1920, which was the family home of Eng. Jaime Granger Pinto, who designed it with beautiful stonework designed by the architect Ernesto Korrodi, a unique hotel was born overlooking the bay of S. Martinho do Porto.

A careful renovation that reminds us of the long procession of aristocrats who settled in S. Martinho do Porto at the end of the 19th century, and to which King D. Carlos, with his passion for S. Martinho do Porto, lent a unique nobility!

And it was Jaime Granger Pinto who was linked to the commission responsible for paving several streets in São Martinho, installing electric public lighting and dredging the bay. Today, in this Palace full of memories, 10 rooms, a Presidential Suite, a terrace with a bar and swimming pool, a restaurant and a tea room, have been designed for an experience that is absolutely perfect!

With sea view!

11h30 - Nazaré walking tour

The once fishing village of Nazaré, a very popular beach resort in Portugal, became a worldwide phenomenon after the McNamara effect. On November 1st 2011, the Hawaiian surfer Garrett McNamara surfed a 78 feet (23,77 meters) wave during the ZON North Canyon Show in Praia do Norte beach, in Nazaré! Since then, Nazaré - or as the surfers call it, "Naza" - has caught the world's attention. But Nazaré is more than its incredibly big waves. It is a deeply fascinating destination with countless secrets to unveil.

One of the most moving images of Nazaré is the horse mackerel – “carapau” – hung out to dry in the sun. Or its beautiful boats bursting with colour and powerful life-related messages. Or friendly women dressed in their 7 skirts selling dry fruits and talking out loud. As if time stood still. Just like the black clad women in Nazaré beach back in 1955, brilliantly depicted by the lens of the great French photographer Henri Cartier-Bresson. They are the very soul of the place.

Local gastronomy is mouth-watering, mostly consisting of shellfish and fish specialities like fish stews – “caldeiradas” – and dried fish, an absolute must in Nazaré!

13h30 - Lunch @ Pangeia

A must go to in Nazaré. Is there a better pairing than wonderful gastronomy and a stunning view?

15h30 - Departure to Alcobaça

Alcobaça lies in the valleys of the Rivers Alcoa and Baça, which according to some authors is the origin of its name. It has also been suggested that it was the Arabic name of the place which was split to name the two rivers.

16h00 - Visit Alcobaça Monastery UNESCO World Heritage

Alcobaça owes its fame and development to the Monastery or Royal Abbey of Santa Maria, founded by the Order of Cistercians in 1153. Building began in 1178 on land donated by Dom Afonso Henriques, the first King of Portugal, to Friar Bernardo of Claraval, founder of the Order of Cistercians, in fulfilment of a vow made after the Christian reconquest of Santarém, held by the Moors until 1147. The Monastery owned a vast area of land, also known as “sanctuaries” of Alcobaça, where the Cistercian Order put order into the settlement by organising villages and estates. It also boosted agriculture by introducing new techniques and agricultural products that turned out to be lasting characteristics of this region, which is still today one of Portugal’s main fruit producers.

Check In Montebelo Mosteiro de Alcobaça – Historic Hotel *****

Montebelo Mosteiro de Alcobaça Historic Hotel is the newest 5-star hotel of Montebelo Hotels & Resorts group.

Placed in a unique setting, with the signature of Pritzker award-winning Portuguese architect Souto de Moura, this hotel has a unique and distinguish flair, where history, culture, art and modernity mingle.

#91 rooms

Dinner at O Castigo Restaurant

The King of Meats

A traditional and very friendly atmosphere, located 3 kilometers far from Alcobaça.

Micael Pedras offers meat from his own breeding in his restaurant, such as pigs of indigenous breeds, particularly the Alcobaça spotted pork, and the black pork.

He also works in partnership with local producers so that the meat is of excellence.

03rd March | Sunday

Departure to Lisbon

Useful Information Accommodation

Praia D'El Rey Marriott Golf & Beach Resort

Vale de Janelas
Amoreira
2510-451 Óbidos
+351 262 905 005
golf.reservations@praia-del-rey.com
<https://www.praia-del-rey.com>

Montebelo Mosteiro de Alcobaça Historic Hotel *****

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2 460 - 075 Alcobaça
Ph.: +351 232 420 000
E-mail: comercial@montebelohotels.com
<https://montebelohotels.com/>

Restaurants

Casa Antero

Beco do Forno 9,
2500-073 Caldas da Rainha
Ph.: + 351 911 762 388

Pangeia

Rua Abel Silva, 50
Pederneira, Nazaré
+351 917 934 726
geral@pangeiarestaurante.com

Restaurante O Castigo

Casal do Pereiro
By Estrada Eng. Vieira Natividade
2460-477 Évora de Alcobaça
Ph.: + 351 967 989 505
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Hotels Visited

Areias do Seixo *****

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Museums and Monasteries

Monastery of Alcobaça UNESCO World Heritage

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Pos Tour @ Center of Portugal
01st till 03th March 2024

